



MENU

HEARTY DAYTIME DISHES

served from 11:30 am to 5.30 pm



STARTERS

Green Leaf Salad 🥕 CHF 9.50

French or Italian dressing

Cesar Salat 🥕 CHF 17.00

with chicken breast strips CHF 22.00

Mountain Hikers Salad 🥕 CHF 17.00

garnished with seeds, nuts and seasonal fruits

SOUPS

Soup of the Day CHF 10.00

please ask what we are serving today

Potato soup CHF 14.00

with smoked salmon

TRADITIONAL RÖSTI

Mountain Hikers' Rösti 🥕 CHF 25.00

served with colourful vegetables and toasted nuts

Bernese Rösti CHF 27.00

gratinated with raclette cheese and crispy bacon strips

«Alpenruh-Rösti» CHF 27.00

with pear, cooked ham, and cranberries, gratinéed with Brie cheese

«Ticino-Style» Rösti 🥕 CHF 27.00

baked with tomato, basil pesto, and melted mozzarella



REGIONAL PLATTERS

Platter with Planed Cheese CHF 23.00

served with whole wheat bread, fig mustard and butter

Mürrner Platter CHF 33.00

Dry-cured meats, Harder ham, dry-cured sausage and Mürrnen planed cheese
served with whole wheat bread, butter and fig mustard

MAIN COURSES

Herdsmen's Macaroni CHF 23.00

with grated cheese, roasted onions and apple sauce

Burger «Alpenruh» CHF 28.00

Beef with Country Cuts

Schwarzmonch Sausage (veal and pork) CHF 29.00

served with onion sauce and homemade rösti

Cheese Fondue CHF 29.00 per person

Herdsmen's cheese blend from Molkerei Meiringen (250g per person), served with fresh bread.
Minimum 2 people.

Pork cutlet «Viennese style» CHF 31.00

with french fries and vegetables

Portion French fries CHF 13.00

SOMETHING SWEET

Nut Croissant CHF 4.50

Kaiserschmarrn CHF 14.00

sweet cut-up pancake with vanilla sauce

Fruit Tart CHF 8.00

Please ask for today's selection

with whipped cream + CHF 2.00

Vegetarian: 

All prices are in CHF and include service and VAT.

Declaration of meat origin as displayed



COLD BEVERAGES

Mürren Water	30cl....	4.00
Mürren Water	50cl....	5.00
Mürren Water	1l....	9.00
Valserwasser sparkling/still	50cl....	6.00
Valserwasser sparkling/still	75cl....	9.00
Sanbitter.....	10cl....	5.00
Tonic / Bitter Lemon.....	20cl....	5.00
Orange / Multivitamin juice (glass)	30cl....	5.50
Coca Cola / Coca Cola Zero	50cl....	6.00
Fanta.....	50cl....	6.00
Sprite	50cl....	6.00
Eistee.....	50cl....	6.00
Ramseier Apfelschorle.....	50cl....	6.00
Rivella red/blue.....	50cl ..	6.00
Ramseier Suure Moscht 4%ABV.....	49cl....	7.00
Ramseier Suure Moscht (non-alcoholic)...	49cl....	7.00

HOT BEVERAGES WITHOUT ALCOHOL

Coffee/Espresso	5.00
Coffee with milk	5.50
Cappuccino	6.50
Coffee Melange (with whipped cream)	6.50
Latte Macchiato.....	6.50
Double Espresso.....	6.50
Hot or cold milk.....	5.00
Hot or cold Chocolate/Ovo	5.00
Hot Chocolate/Ovo (with whipped cream)	6.00
Apple-Punsch	5.00
Tea, selected flavours.....	5.00

HOT BEVERAGES WITH A KICK

Kaffee Fertig

Coffee with Kernobst	40%ABV....	7.50
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Kaffee Lutz

Kernobst/Zwetschgen/Kräuter	40%ABV....	7.50
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HOT BEVERAGES WITH A KICK

Coretto

Espresso with Grappa.....	43%ABV....	7.00
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Kaffee Baileys

with Baileys and whipped cream.....	17%ABV.	11.00
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Kaffee Inferno

with apricot spirit and whipped cream..	40%ABV.	11.00
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Kaffee Alpenruh

Pflümli and whipped cream	40%ABV.	11.00
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Kaffee Amaretto

Amaretto and whipped cream	28%ABV.	11.00
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Irish Coffee

Whiskey and whipped cream	40%ABV.	12.50
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Schoggi Rum

Rum and whipped cream.....	37.5%ABV.	10.00
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Holdrio

Rosehip tea with Zwetschge.....	40%ABV....	7.50
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Münze Zwätschge

Peppermint tea with Zwetschge	40%ABV....	7.50
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Fröschli

Peppermint tea with green vodka.....	17%ABV....	7.50
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Jägertee	44%ABV....	7.50
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Glühwein/Mulled Wine	7.50
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BIER

Rugenbräu (glass)	4,8%ABV....	30cl....	5.10
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Rugenbräu (glass)	4,8%ABV....	50cl....	6.50
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Panaché (glass)	30cl....	5.10
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Panaché (glass)	50cl....	6.50
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Rugenbräu Spezial	5,2%ABV....	33cl....	6.00
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Rugenbräu Dunkel	5,2%ABV....	33cl....	6.00
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Rugenbräu (non-alcoholic)	33cl....	6.00
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Hofbräu München Weizen	5,1%ABV....	50cl....	8.00
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APERITIF

Pernod.....	40,0%ABV.....	4cl....	6.00
Martini Rosso / Bianco.....	15.0%vol	4cl....	6.50
Campari Orange	23,0%ABV.....	4cl....	9.00
Cynar Orange	16,5%ABV.....	4cl....	9.00
Aperol Spritz.....			12.00
Gin Tonic	40,0%ABV.....	4cl.	13.50

PROSECCO

Prosecco flute	10cl.	10.00
Prosecco bottle	75cl.	56.00

WINE

White

Epesses blanc du Lavaux, Vennerhus Weine.....	10cl	7.00
.....	50cl.	26.00

Johannisberg Valais, Oskar Mathier-Oggier.....	10cl	7.50
.....	50cl.	27.00

Chardonnay du Valais, Domaine Nick Wittwer.....	10cl	7.00
.....	50cl.	26.00

Rosé

Blanc de Rouge, Domaine Nick Wittwer.....	10cl	7.50
.....	50cl.	27.00

Red

Rouge d'Albone Salvagnin du Vaud Cave de la Côte	10 cl	7.00
.....	50 cl.	26.00

Merlot del Ticino «Runcher», Carlo Tamborini.....	10 cl	7.00
.....	50 cl.	26.00

Dôle du Valais, Domaine Nick Wittwer.....	10cl	7.00
.....	50cl.	26.00

GIN

Bombay	40,0%ABV	4cl....	7.50
Gin 27	47,3%ABV	4cl....	8.50
Hendricks.....	41,3%ABV	4cl....	8.50

GRAPPA

di Barolo-Nebbiolo –

Aldebrandini.....	43,0%ABV.....	2cl....	9.50
di Brunello – Aldebrandini ..	43,0%ABV	2cl....	9.00
di Moscato – Aldebrandini ..	43,0%ABV	2cl....	9.00

COGNACS & CALAYDOS

Calvados Morin	40,0%ABV	4cl.	10.50
Cognac Martell VS	40,0%ABV	4cl.	12.50
Remy Martin VSOP	40,0%ABV	4cl.	14.50

FRUIT BRANDY

Williams	37,5%ABV	2cl....	8.00
Kernobst	40,0%ABV	2cl....	6.50
Chrüter	37,5%ABV	2cl....	6.50
Zwetschge	37,5%ABV	2cl....	6.50
Pflümli	37,5%ABV	2cl....	6.50
Kirsch	37,5%ABV	2cl....	6.50

DISTILLED BRANDY

Vieille Prune - Fassbind	40.0%ABV	2cl....	8.00
Vieille Poire - Fassbind	40.0%ABV	2cl....	8.00
Vieille Prune - Fassbind	40.0%ABV	2cl....	8.00

LIQUEUR

Appenzeller	29,0%ABV	4cl....	6.50
Ramazzotti	30,0%ABV	4cl....	6.50
Baileys	17,0%ABV	4cl....	8.50
Amaretto	28,0%ABV	4cl....	8.50

WHISKY

Johnny Walker Black Label .	40,0%ABV	4cl.	10.50
Tullamore Dew (Irish)	40,0%ABV	4cl.	10.50
Chivas Regal	40,0%ABV	4cl.	12.50
Oban.....	43.0%ABV	4cl.	14.50



Dear Guest

A warm welcome to the Hotel - Restaurant Alpenruh.
Discover the variety of our cuisine and enjoy our delicacies.

Thank you for placing your trust in us.

Your host
Marco Froese and his team

Hotel Alpenruh***