



MENU

HEARTY DAYTIME DISHES

served from 11:30 am to 5.30 pm



Green Leaf Salad

French or Italian dressing

CHF 9.50

Lamb's Lettuce Salad

with egg and croutons **CHF 12.50** 

with bacon, egg and croutons **CHF 15.50**

Mountain Hikers Salad

garnished with seeds, nuts and seasonal fruits

CHF 17.50

Soup of the Day

please ask what we are serving today

CHF 12.00

Potato soup

with smoked salmon

CHF 14.50

Mürren Platter with thinly sliced cheese

served with whole wheat bread, fig mustard and butter

CHF 23.00

Herdsmen's Macaroni

with grated cheese, roasted onions and apple sauce

CHF 23.00

Mountain Hikers' Rösti

served with colourful vegetables and toasted nuts

CHF 25.00

Bernese Rösti

gratinated with raclette cheese and crispy bacon strips

CHF 26.50

«Alpenruh-Rösti»

with pear, ham and mountain cranberries, gratinated with Brie

CHF 27.00



Ticino-style Rösti

gratinated with tomato, basil pesto and mozzarella

CHF 27.00

Burger «Alpenruh»

Beef with Country Cuts

CHF 28.00

Schwarzmönch Sausage (veal and pork)

served with onion sauce and homemade rösti

CHF 28.50

Cheese Fondue (250g per person)

Herdsmen's cheese blend from Molkerei Meiringen with bread

from 2 persons CHF 29.50 per person

Pork cutlet «Viennese style»

with french fries and vegetables

CHF 31.00

Mürren Platter

Dry-cured meats, Harder ham, dry-cured sausage and Mürren planed cheese
served with whole wheat bread, butter and fig mustard

CHF 32.50

Portion French fries CHF 10.00

SOMETHING SWEET

Nut Croissant CHF 4.50

Kaiserschmarrn CHF 13.50

sweet cut-up pancake with vanilla sauce

Fruit Tarts

Please ask for today's selection

CHF 8.00 with whipped cream + CHF 2.00

Vegetarian: 



COLD BEVERAGES

Mürren Water	30cl....	3.00
Mürren Water	50cl....	4.00
Mürren Water	1l....	8.00
Valserwasser sparkling/still	33cl....	4.50
Valserwasser sparkling/still	75cl....	8.00
Sanbitter.....	10cl....	4.80
Tonic / Bitter Lemon.....	20cl....	5.00
Orange / Multivitamin juice (glass)	30cl....	5.50
Coca Cola / Coca Cola Zero	50cl....	6.00
Fanta.....	50cl....	6.00
Sprite.....	50cl....	6.00
Eistee.....	50cl....	6.00
Ramseier Apfelschorle.....	50cl....	6.00
Rivella red/blue.....	50cl ..	6.00
Ramseier Suure Moscht 4%ABV.....	49cl....	6.50
Ramseier Suure Moscht (non-alcoholic)...	49cl....	6.50

HOT BEVERAGES WITHOUT ALCOHOL

Coffee/Espresso	4.80
Coffee with milk	5.30
Cappuccino	6.50
Coffee Melange (with whipped cream)	6.50
Latte Macchiato.....	6.50
Double Espresso.....	6.50
Hot or cold milk.....	4.50
Hot or cold Chocolate/Ovo	5.00
Hot Chocolate/Ovo (with whipped cream)	6.00
Apple-Punsch	5.50
Tea, selected flavours.....	5.00

HOT BEVERAGES WITH A KICK

Kaffee Fertig

Coffee with Kernobst	40%ABV....	7.50
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Kaffee Lutz

Kernobst/Zwetschgen/Kräuter	40%ABV....	7.50
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HOT BEVERAGES WITH A KICK

Coretto

Espresso with Grappa.....	43%ABV....	6.50
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Kaffee Baileys

with Baileys and whipped cream.....	17%ABV.	10.50
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Kaffee Inferno

with apricot spirit and whipped cream..	40%ABV.	10.50
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Kaffee Alpenruh

Pflümli and whipped cream	17%ABV.	10.50
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Kaffee Amaretto

Amaretto and whipped cream	40%ABV.	10.50
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Irish Coffee

Whiskey and whipped cream	40%ABV.	12.50
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Schoggi Rum

Rum and whipped cream.....	37.5%ABV....	9.50
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Holdrio

Rosehip tea with Zwetschge	40%ABV....	7.50
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Münze Zwätschge

Peppermint tea with Zwetschge	40%ABV....	7.50
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Fröschli

Peppermint tea with green vodka.....	17%ABV....	7.50
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Jägertee	44%ABV....	7.00
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Glühwein/Mulled Wine	7.00
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BIER

Rugenbräu (glass)	4,8%ABV....	20cl....	3.90
Rugenbräu (glass)	4,8%ABV....	30cl....	4.50
Rugenbräu (glass)	4,8%ABV....	50cl....	6.00

Panaché (glass)	20cl....	3.90
Panaché (glass)	30cl....	4.50
Panaché (glass)	50cl....	6.00

Rugenbräu Spezial	5,2%ABV....	33cl....	6.00
Rugenbräu Dunkel	5,2%ABV....	33cl....	6.00
Rugenbräu (non-alcoholic)		33cl....	6.00

Hofbräu München Weizen	5,1%ABV....	50cl....	7.00
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APERITIF

Pernod.....	40,0%ABV.....	4cl....	6.00
Martini Rosso / Bianco.....	15.0%vol	4cl....	6.50
Campari Orange	23,0%ABV.....	4cl....	9.00
Cynar Orange	16,5%ABV.....	4cl....	9.00
Aperol Spritz.....			12.00
Gin Tonic	40,0%ABV.....	4cl.	13.50

PROSECCO

Prosecco flute.....	10cl.	10.00
Prosecco bottle	75cl.	56.00

WINE

White

Epesses blanc du Lavaux, Vennerhus Weine.....	10cl....	7.00
.....	50cl.	26.00

Johannisberg Valais, Oskar Mathier-Oggier	10cl....	7.50
.....	50cl.	27.00

Chardonnay du Valais, Domaine Nick Wittwer.....	10cl....	7.00
.....	50cl.	26.00

Rosé

Blanc de Rouge, Domaine Nick Wittwer.....	10cl....	7.50
.....	50cl.	27.00

Red

Rouge d'Albone Salvagnin du Vaud Cave de la Côte	10 cl....	7.00
.....	50 cl.	26.00

Merlot del Ticino «Runcher», Carlo Tamborini.....	10 cl....	7.00
.....	50 cl.	26.00

Dôle du Valais, Domaine Nick Wittwer.....	10cl....	7.00
.....	50cl.	26.00

GIN

Bombay	40,0%ABV	4cl....	7.50
Gin 27	47,3%ABV	4cl....	8.50
Hendricks.....	41,3%ABV	4cl....	8.50

GRAPPA

di Barolo-Nebbiolo –

Aldebrandini.....	43,0%ABV.....	2cl....	9.50
di Brunello – Aldebrandini ..	43,0%ABV	2cl....	9.00
di Moscato – Aldebrandini ..	43,0%ABV	2cl....	9.00

COGNACS & CALAVDOS

Calvados Morin	40,0%ABV	4cl.	10.50
Cognac Martell VS	40,0%ABV	4cl.	12.50
Remy Martin VSOP	40,0%ABV	4cl.	14.50

FRUIT BRANDY

Williams	37,5%ABV	2cl....	8.00
Kernobst	40,0%ABV	2cl....	6.50
Chrüter	37,5%ABV	2cl....	6.50
Zwetschge	37,5%ABV	2cl....	6.50
Pflümüli	37,5%ABV	2cl....	6.50
Kirsch	37,5%ABV	2cl....	6.50

DISTILLED BRANDY

Vieille Prune - Fassbind	40.0%ABV	2cl....	8.00
Vieille Poire - Fassbind	40.0%ABV	2cl....	8.00
Vieille Prune - Fassbind	40.0%ABV	2cl....	8.00

LIKÖRE

Appenzeller	29,0%ABV	4cl....	6.50
Ramazzotti	30,0%ABV	4cl....	6.50
Baileys	17,0%ABV	4cl....	8.50
Amaretto	28,0%ABV	4cl....	8.50

WHISKY

Johnny Walker Black Label .	40,0%ABV	4cl.	10.50
Tullamore Dew (Irish)	40,0%ABV	4cl.	10.50
Chivas Regal	40,0%ABV	4cl.	12.50
Oban.....	43.0%ABV	4cl.	14.50



Dear Guest

A warm welcome to the Hotel - Restaurant Alpenruh.
Discover the variety of our cuisine and enjoy our delicacies.

Thank you for placing your trust in us.

Your host
Marco Froese and his team

Hotel Alpenruh***