



COLD BEVERAGES

Mürren Water	30cl...	3.00
Mürren Water	50cl...	4.00
Mürren Water	1l...	8.00

Valsерwasser sparkling/still	33cl...	4.50
Valsерwasser sparkling/still	75cl...	8.00

Sanbitter.....	10cl...	4.50
Tonic / Bitter Lemon.....	20cl...	5.00
Orange / Multivitamin juice (glass)	30cl...	5.50
Coca Cola / Coca Cola Zero	50cl...	6.00
Fanta.....	50cl...	6.00
Sprite.....	50cl...	6.00
Eistee.....	50cl...	6.00
Ramseier Apfelschorle.....	50cl...	6.00
Rivella red/blue.....	50cl	6.00
Ramseier Suure Moscht 4%ABV.....	49cl...	6.50
Ramseier Suure Moscht (non-alcoholic) ...	49cl...	6.50

HOT BEVERAGES WITHOUT ALCOHOL

Coffee/Espresso.....	4.50
Coffee with milk	5.00
Cappuccino	5.50
Coffee Melange (with whipped cream)	6.00
Latte Macchiato.....	6.00
Double Espresso.....	6.00

Hot or cold milk.....	4.00
Hot or cold Chocolate/Ovo	4.50
Hot Chocolate/Ovo (with whipped cream)	5.50

Apple-Punsch	4.50
Tea, selected flavours.....	5.00

HOT BEVERAGES WITH A KICK

Kaffee Fertig Coffee with Kernobst	40%ABV...	6.50
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Kaffee Lutz Kernobst/Zwetschgen/Kräuter	40%ABV...	6.50
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HOT BEVERAGES WITH A KICK

Coretto Espresso with Grappa.....	43%ABV...	6.50
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Kaffee Baileys with Baileys and whipped cream	17%ABV...	9.50
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Kaffee Inferno with apricot spirit and whipped cream ..	40%ABV...	9.50
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Kaffee Alpenruh Pflümlii and whipped cream	17%ABV...	9.50
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Kaffee Amaretto Amaretto and whipped cream	40%ABV...	9.50
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Irish Coffee Whiskey and whipped cream	40%ABV.	12.00
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Schoggi Rum Rum and whipped cream.....	37.5%ABV...	9.50
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Holdrio Rosehip tea with Zwetschge	40%ABV...	6.50
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Münze Zwätschge Peppermint tea with Zwetschge	40%ABV...	6.50
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Fröschli Peppermint tea with green vodka.....	17%ABV...	6.50
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Jägertee	44%ABV...	7.00
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Glühwein/Mulled Wine	7.00
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BIER

Rugenbräu (glass)	4,8%ABV...	20cl...	3.90
Rugenbräu (glass)	4,8%ABV...	30cl...	4.50
Rugenbräu (glass)	4,8%ABV...	50cl...	6.00

Panaché (glass)	20cl...	3.90
Panaché (glass)	30cl...	4.50
Panaché (glass)	50cl...	6.00

Rugenbräu Spezial	5,2%ABV...	33cl...	6.00
Rugenbräu Dunkel	5,2%ABV...	33cl...	6.00
Rugenbräu (non-alcoholic)	33cl...	6.00	

Hofbräu München Weizen	5,1%ABV...	50cl...	7.00
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Dear Guest

A warm welcome to the Hotel - Restaurant Alpenruh.

Hospitality since 1890.

We wish you an enjoyable meal and moments to savour.

Thank you for being our guest.

Your host
Sonja Schmid and Team

Hotel Alpenruh***



MENU

HEARTY DAYTIME DISHES

served from 11:30 am to 5:30 pm




Green Leaf Salad

French or Italian dressing

CHF 8.50

Lamb's Lettuce Salad

with egg and croutons **CHF 12.00** 

with bacon, egg and croutons **CHF 14.00**

Mountain Hikers Salad

garnished with seeds, nuts and seasonal fruits

CHF 14.50

Soup of the Day

please ask what we are serving today

CHF 10.50

Potato soup

with smoked salmon

CHF 12.50

Mürren Platter with Planed Saus Alp Cheese

served with whole wheat bread, fig mustard and butter

CHF 21.00

Herdsmen's Macaroni

with grated cheese, roasted onions and apple sauce

CHF 21.00

Mountain Hikers' Rösti

served with colourful vegetables and toasted nuts

CHF 23.00

«Alpenruh-Rösti»

with pear, ham and mountain cranberries, gratinated with Brie

CHF 24.00

Bernese Rösti

gratinated with raclette cheese and crispy bacon strips

CHF 24.00



Ticino-style Rösti

gratinated with tomato, basil pesto and mozzarella

CHF 24.50

Schwarzmonch Sausage (veal and pork)

served with onion sauce and homemade rösti

CHF 26.00

Cheese Fondue

from 2 persons (250g per person)

Herdsmen's cheese blend from Molki Meiringen

Bread from Bäckerei von Allmen in Lauterbrunnen

CHF 27.50 per person

Mürren Platter

Dry-cured meats, Harder ham, dry-cured sausage and Mürren planed cheese

served with whole wheat bread, butter and fig mustard

CHF 29.00

Pork cutlet «Viennese style»

with french fries and vegetables

CHF 29.00

Portion French fries **CHF 8.50**

SOMETHING SWEET

Kaiserschmarrn

sweet cut-up pancake with vanilla sauce

CHF 12.50


Fruit Tarts

Please ask for today's selection

CHF 6.50 with whipped cream 8.00

Nut Croissant CHF 4.00

All prices are in CHF and include service and VAT.
Declaration of meat origin as displayed

Vegetarian: 



APERITIF

Pernod.....	40,0%ABV.....	4cl....	6.00
Martini Rosso / Bianco.....	15,0%vol.....	4cl....	6.50
Campari Orange	23,0%ABV.....	4cl....	9.00
Cynar Orange	16,5%ABV.....	4cl....	9.00
Aperol Spritz.....			12.00
Gin Tonic	40,0%ABV.....	4cl.	13.50

PROSECCO

Prosecco flute.....		10cl....	9.00
Prosecco bottle		75cl.	55.00

WINE

White

Epesses blanc du Lavaux, Vennerhus Weine.....		10cl....	6.50
.....		50cl.	25.00

Johannisberg Valais, Oskar Mathier-Oggier		10cl....	6.50
.....		50cl.	25.00

Chardonnay du Valais, Domaine Nick Wittwer.....		10cl....	7.00
.....		50cl.	26.00

Rosé

Blanc de Rouge, Domaine Nick Wittwer.....		10cl....	7.00
.....		50cl.	26.00

Red

Rouge d'Albone Salvagnin du Vaud Cave de la Côte.....		10 cl....	6.50
.....		50 cl.	25.00

Merlot del Ticino «Runcher», Carlo Tamborini.....		10 cl....	6.50
.....		50 cl.	25.00

Dôle du Valais, Domaine Nick Wittwer.....		10cl....	7.00
.....		50cl.	26.00

GIN

Bombay	40,0%ABV.....	4cl....	7.50
Gin 27	47,3%ABV.....	4cl....	8.50
Hendricks	41,3%ABV.....	4cl....	8.50

GRAPPA

di Barolo-Nebbiolo – Aldebrandini.....	43,0%ABV.....	2cl....	9.00
di Brunello – Aldebrandini ..	43,0%ABV.....	2cl....	9.00
di Moscato – Aldebrandini ..	43,0%ABV.....	2cl....	9.00

COGNACS & CALAVDOS

Calvados Morin	40,0%ABV.....	4cl.	10.50
Cognac Martell VS	40,0%ABV.....	4cl.	12.50
Remy Martin VSOP	40,0%ABV.....	4cl.	14.50

FRUIT BRANDY

Williams	37,5%ABV.....	2cl....	6.50
Kernobst	40,0%ABV.....	2cl....	6.50
Chrüter	37,5%ABV.....	2cl....	6.50
Zwetschge	37,5%ABV.....	2cl....	6.50
Pflümli	37,5%ABV.....	2cl....	6.50
Kirsch	37,5%ABV.....	2cl....	6.50

DISTILLED BRANDY

Vieille Prune - Fassbind	40,0%ABV.....	2cl....	8.00
Vieille Poire - Fassbind	40,0%ABV.....	2cl....	8.00
Vieille Prune - Fassbind	40,0%ABV.....	2cl....	8.00

LIKÖRE

Appenzeller	29,0%ABV.....	4cl....	6.50
Ramazotti	30,0%ABV.....	4cl....	6.50
Baileys	17,0%ABV.....	4cl....	6.50
Amaretto	28,0%ABV.....	4cl....	8.00

WHISKY

Johnny Walker Black Label .	40,0%ABV.....	4cl.	10.50
Tullamore Dew (Irish)	40,0%ABV.....	4cl.	10.50
Chivas Regal	40,0%ABV.....	4cl.	12.50
Oban.....	43,0%ABV.....	4cl.	14.50