



# MENU

EVENING



Dear Guest

A warm welcome to the Hotel - Restaurant Alpenruh.  
Hospitality since 1890.  
We wish you an enjoyable meal and moments to savour.  
Thank you for being our guest.

Your host  
Sonja Schmid and Team



## SOUPS

### Soup of the Day

as a main course CHF 10.50

as a starter CHF 7.50


## STARTERS

### Green Leaf Salad

French or Italian dressing

CHF 8.50

### Lamb's Lettuce Salad

with egg and croutons CHF 12.00 

with bacon, egg and croutons CHF 14.00

### Mixed salad with goat cheese

garnished with fresh figs, roasted nuts and mustard-honey dressing

CHF 18.50

### Platter with Planed Saus Alp Cheese

served with whole wheat bread, fig mustard and butter

CHF 21.00

### Mürrner Platter

Dry-cured meats, Harder ham, dry-cured sausage and Mürrnen planed cheese

served with whole wheat bread, butter and fig mustard

CHF 29.00



## TRADITIONAL RÖSTI

### Mountain Hikers' Rösti

served with colourful vegetables and toasted nuts

CHF 23.00

### Bernese Rösti

gratinated with raclette cheese and crispy bacon strips

CHF 24.00

## MAIN COURSES

### Vienna Schnitzel (veal)

with french fries and vegetables

CHF 39.00

### Beef Stroganoff

tender beef fillet cubes with bell peppers, cucumber strips and mushrooms refined with vodka  
served with seasonal market vegetables and pasta

CHF 42.00

### Spareribs «Alpenruh»

marinated with homemade barbecue sauce  
prepared sous-vide with roasted onions and French fries

CHF 28.00

### Schwarzmonch Sausage (veal and pork)

served with onion sauce and homemade rösti

CHF 26.00



## VEGE-TASTISCH

### **Herdsmen's Macaroni**

with grated cheese, roasted onions and apple sauce

CHF 21.00

### **Gratinated Courgette (Zucchini)** (without cheese

filled with a selection of vegetables, gratinated with raclette cheese and served with wild rice

CHF 21.00

### **Fresh Baked Potato** (without cheese

filled with a selection of vegetables, gratinated with raclette cheese from the Bernese Oberland

CHF 23.00

## CHEESE DISHES

### **Cheese Fondue**

**from 2 persons (250g per person)**

Herdsmen's cheese blend from Molki Meiringen

Bread from Bäckerei von Allmen in Lauterbrunnen

Fondue is served in the front dining room only.

Thank you for your understanding!

CHF 27.50 per person

Side order of potatoes CHF 4.00

Side order of pear CHF 4.00

Side order of pickles CHF 4.00

### **Grosis Chääs-Schnitte**

Swiss-style cheese slice with white wine and cream

gratinated with regionally sourced raclette cheese

plain CHF 18.00

with ham CHF 20.50

with ham and a fried egg CHF 24.50



## UNSERE EMPFEHLUNGEN

### Potato soup

with smoked salmon

CHF 12.50

### Gratinated Spinach Spätzle

with cream, cheese, garlic and cranberry cream

CHF 26.00

### Alpenruh - Burger

with Country Cuts

CHF 27.80

### Roasted half chicken

with french fries and coleslaw

CHF 29.50

### Herdsmen's Cordon-Bleu

Pork cordon bleu filled with mountain cheese and cured ham, served with French fries

CHF 33.00

### Lamb fillet

with Provencal sauce, rosemary potatoes and vegetables

CHF 37.80

### Züri-Gschnetzeltes

Zurich-style sliced veal with creamy mushroom sauce and crispy rösti

CHF 39.00

### Rumpsteak

with potato gratin, vegetables and herb butter

CHF 39.90



## DESSERTS

**Toblerone Parfait**  
with wild hot berries  
CHF 13.50

**Kaiserschmarrn**  
sweet cut-up pancake with vanilla sauce  
CHF 12.50

**Chocolate souffle**  
with mango icecream  
CHF 12.50



## COLD BEVERAGES

Mürren Water .....	30cl....	3.00
Mürren Water .....	50cl....	4.00
Mürren Water .....	1l....	8.00
Valschwasser sparkling/still .....	33cl....	4.50
Valschwasser sparkling/still .....	75cl....	8.00
Sanbitter.....	10cl....	4.50
Tonic / Bitter Lemon.....	20cl....	5.00
Orange / Multivitamin juice (glass) .....	30cl....	5.50
Coca Cola / Coca Cola Zero .....	50cl....	6.00
Fanta.....	50cl....	6.00
Sprite.....	50cl....	6.00
Eistee.....	50cl....	6.00
Ramseier Apfelschorle.....	50cl....	6.00
Rivella red/blue.....	50cl ..	6.00
Ramseier Suure Moscht 4%ABV.....	49cl....	6.50
Ramseier Suure Moscht (non-alcoholic)...	49cl....	6.50

## HOT BEVERAGES WITHOUT ALCOHOL

Coffee/Esspresso .....	4.50
Coffee with milk .....	5.00
Cappuccino .....	5.50
Coffee Melange (with whipped cream) .....	6.00
Latte Macchiato.....	6.00
Double Espresso.....	6.00
Hot or cold milk.....	4.00
Hot or cold Chocolate/Ovo .....	4.50
Hot Chocolate/Ovo (with whipped cream) .....	5.50
Apple-Punsch .....	4.50
Tea, selected flavours.....	5.00

## HOT BEVERAGES WITH A KICK

### Kaffee Fertig

Coffee with Kernobst ..... 40%ABV.... 6.50

### Kaffee Lutz

Kernobst/Zwetschgen/Kräuter ..... 40%ABV.... 6.50

## HOT BEVERAGES WITH A KICK

### Coretto

Espresso with Grappa..... 43%ABV.... 6.50

### Kaffee Baileys

with Baileys and whipped cream..... 17%ABV.... 9.50

### Kaffee Inferno

with apricot spirit and whipped cream.. 40%ABV.... 9.50

### Kaffee Alpenruh

Pflümli and whipped cream ..... 17%ABV.... 9.50

### Kaffee Amaretto

Amaretto and whipped cream ..... 40%ABV.... 9.50

### Irish Coffee

Whiskey and whipped cream ..... 40%ABV. 12.00

### Schoggi Rum

Rum and whipped cream..... 37.5%ABV.... 9.50

### Holdrio

Rosehip tea with Zwetschge ..... 40%ABV.... 6.50

### Münze Zwätschge

Peppermint tea with Zwetschge ..... 40%ABV.... 6.50

### Fröschli

Peppermint tea with green vodka..... 17%ABV.... 6.50

### Jägertee

..... 44%ABV.... 7.00

Glühwein/Mulled Wine ..... 7.00

## BIER

Rugenbräu (glass) ..... 4,8%ABV.... 20cl.... 3.90

Rugenbräu (glass) ..... 4,8%ABV.... 30cl.... 4.50

Rugenbräu (glass) ..... 4,8%ABV.... 50cl.... 6.00

Panaché (glass) ..... 20cl.... 3.90

Panaché (glass) ..... 30cl.... 4.50

Panaché (glass) ..... 50cl.... 6.00

Rugenbräu Spezial ..... 5,2%ABV.... 33cl.... 6.00

Rugenbräu Dunkel ..... 5,2%ABV.... 33cl.... 6.00

Rugenbräu (non-alcoholic) ..... 33cl.... 6.00

Hofbräu München Weizen .... 5,1%ABV.... 50cl.... 7.00





## APERITIF

Pernod.....	40,0%ABV.....	4cl....	6.00
Martini Rosso / Bianco .....	15,0%vol .....	4cl....	6.50
Campari Orange .....	23,0%ABV.....	4cl....	9.00
Cynar Orange .....	16,5%ABV.....	4cl....	9.00
Aperol Spritz.....			12.00
Gin Tonic .....	40,0%ABV.....	4cl.	13.50

## PROSECCO

Prosecco flute.....	10cl....	9.00
Prosecco bottle .....	75cl.	55.00

## WINE

### White

Epeses blanc du Lavaux, Vennerhus Weine.....	10cl....	6.50
.....	50cl.	25.00

Johannisberg Valais, Oskar Mathier-Oggier .....	10cl....	6.50
.....	50cl.	25.00

Chardonnay du Valais, Domaine Nick Wittwer.....	10cl....	7.00
.....	50cl.	26.00

### Rosé

Blanc de Rouge, Domaine Nick Wittwer.....	10cl....	7.00
.....	50cl.	26.00

### Red

Rouge d'Albone Salvagnin du Vaud Cave de la Côte .....	10 cl....	6.50
.....	50 cl.	25.00

Merlot del Ticino «Runcher», Carlo Tamborini.....	10 cl....	6.50
.....	50 cl.	25.00

Dôle du Valais, Domaine Nick Wittwer.....	10cl....	7.00
.....	50cl.	26.00

## GIN

Bombay .....	40,0%ABV .....	4cl....	7.50
Gin 27 .....	47,3%ABV .....	4cl....	8.50
Hendricks .....	41,3%ABV .....	4cl....	8.50

## GRAPPA

di Barolo-Nebbiolo – Aldebrandini.....	43,0%ABV.....	2cl....	9.00
di Brunello – Aldebrandini ..	43,0%ABV .....	2cl....	9.00
di Moscato – Aldebrandini ..	43,0%ABV .....	2cl....	9.00

## COGNACS & CALAYDOS

Calvados Morin .....	40,0%ABV .....	4cl.	10.50
Cognac Martell VS .....	40,0%ABV .....	4cl.	12.50
Remy Martin VSOP .....	40,0%ABV .....	4cl.	14.50

## FRUIT BRANDY

Williams .....	37,5%ABV .....	2cl....	6.50
Kernobst .....	40,0%ABV .....	2cl....	6.50
Chrüter .....	37,5%ABV .....	2cl....	6.50
Zwetschge .....	37,5%ABV .....	2cl....	6.50
Pflümli .....	37,5%ABV .....	2cl....	6.50
Kirsch .....	37,5%ABV .....	2cl....	6.50

## DISTILLED BRANDY

Vieille Prune - Fassbind .....	40,0%ABV .....	2cl....	8.00
Vieille Poire - Fassbind .....	40,0%ABV .....	2cl....	8.00
Vieille Prune - Fassbind .....	40,0%ABV .....	2cl....	8.00

## LIKÖRE

Appenzeller .....	29,0%ABV .....	4cl....	6.50
Ramazotti .....	30,0%ABV .....	4cl....	6.50
Baileys .....	17,0%ABV .....	4cl....	6.50
Amaretto .....	28,0%ABV .....	4cl....	8.00

## WHISKY

Johnny Walker Black Label .	40,0%ABV .....	4cl.	10.50
Tullamore Dew (Irish) .....	40,0%ABV .....	4cl.	10.50
Chivas Regal .....	40,0%ABV .....	4cl.	12.50
Oban.....	43,0%ABV .....	4cl.	14.50



# Hotel Alpenruh\*\*\*