



# MENU

EVENING





Dear Guest

A warm welcome to the Hotel - Restaurant Alpenruh.  
Discover the variety of our cuisine and enjoy our delicacies.

Thank you for placing your trust in us.

Your host  
Marco Froese and his team

All prices are in CHF and include service and VAT.  
Declaration of meat origin as displayed

Vegetarian:   
Vegan: 

03/2025



## SOUPS

### Soup of the Day

as a main course CHF 12.00

as a starter CHF 9.00

## STARTERS

### Green Leaf Salad

French or Italian dressing

CHF 9.50

### Lamb's Lettuce Salad

with egg and croutons CHF 12.50 

with bacon, egg and croutons CHF 15.50

### Mixed salad with goat cheese

garnished with fresh figs, roasted nuts and mustard-honey dressing

CHF 20.50

### Platter with Planed Saus Alp Cheese

served with whole wheat bread, fig mustard and butter

CHF 23.00

### Mürrner Platter

Dry-cured meats, Harder ham, dry-cured sausage and Mürren planed cheese

served with whole wheat bread, butter and fig mustard

CHF 32.50



## TRADITIONAL RÖSTI

### Mountain Hikers' Rösti

served with colourful vegetables and toasted nuts

CHF 25.00

### Bernese Rösti

gratinated with raclette cheese and crispy bacon strips

CHF 26.50

## MAIN COURSES

### Schwarzmönch Sausage (veal and pork)

served with onion sauce and homemade rösti

CHF 28.50

### Spareribs «Alpenruh»

marinated with homemade barbecue sauce

prepared sous-vide with roasted onions and French fries

CHF 29.50

### Vienna Schnitzel (veal)

with french fries and vegetables

CHF 41.00

### Beef Stroganoff

tender beef fillet cubes with bell peppers, cucumber strips and mushrooms refined with vodka

served with seasonal market vegetables and pasta

CHF 48.00



## VEGE-TASTISCH

### Herdsmen's Macaroni

with grated cheese, roasted onions and apple sauce

CHF 23.00

### Gratinated Courgette (Zucchini) (without cheese )

filled with a selection of vegetables, gratinated  
with raclette cheese and served with wild rice

CHF 23.00

### Fresh Baked Potato (without cheese )

filled with a selection of vegetables, gratinated  
with raclette cheese from the Bernese Oberland

CHF 25.00

## CHEESE DISH

### Cheese Fondue

from 2 persons (250g per person)

Herdsmen's cheese blend from Molkerei Meiringen

with bread CHF 29.50 per person

Side order of potatoes CHF 5.00

Side order of pear CHF 5.00

Side order of pickles CHF 5.00



## DELICIOUS

**Potato soup**  
with smoked salmon  
CHF 14.50

**Gratinated Spinach Spätzle**   
with cream, cheese, garlic and cranberry cream  
CHF 27.50

**Burger «Alpenruh»**  
Beef with Country Cuts  
CHF 28.00

**Crispy fish fillets**  
Pike perch fillet in beer batter, parsley potatoes, tartar sauce  
and a small mixed salad  
CHF 31.50

**Herdsmen's Cordon-Bleu**  
Pork cordon bleu filled with mountain cheese and cured ham, served with French fries  
CHF 37.00

**«Züri-Gschnezzeltes»**  
Zurich-style sliced veal with creamy mushroom sauce and crispy rösti  
CHF 42.00

**Rumpsteak**  
with potato gratin, vegetables and herb butter  
CHF 42.50

**Lamb fillet**  
with Provencal sauce, rosemary potatoes and vegetables  
CHF 45.00



## OUR RECOMMENDATIONS

### Homemade tomato soup

refined with cream and basil

CHF 12.00

### Bruschetta Trilogy

A selection of three bruschetta variations

CHF 14.50

### Classic Beef Tartare

Finely chopped beef, seasoned with herbs and cognac  
served with toast and butter

CHF 23.50

### Fitness Plate

Large, mixed salad plate, garnished with fruits  CHF 22.50

...with crispy grilled chicken breast CHF 28.50

...with smoked salmon CHF 29.50

...with pink roasted beef entrecote CHF 38.00

### Bourgignonne Plate

A piece of meat of your choice, fresh fruits with various sauces, french fries:

Chicken breast CHF 39.00

Beef entrecote CHF 43.00

Pike perch fillet CHF 43.00

## INSIDER TIP FOR TRUFFLE LOVERS

### Truffle-Flavored Cheese Fondue

Herdsmen's cheese blend from Molkerei Meiringen  
enhanced with aromatic truffle oil from Italy,  
served with crusty country bread.

Perfect for sharing (2 people minimum), price per person CHF 32.50





## **SOMETHING SWEET**

### **Kaiserschmarrn**

sweet cut-up pancake with vanilla sauce

CHF 13.50

### **Toblerone Parfait**

with wild hot berries

CHF 14.50

### **Chocolate souffle**

with mango icecream

CHF 14.50



## COLD BEVERAGES

|                                           |          |      |
|-------------------------------------------|----------|------|
| Mürren Water .....                        | 30cl.... | 3.00 |
| Mürren Water .....                        | 50cl.... | 4.00 |
| Mürren Water .....                        | 1l....   | 8.00 |
| Valserwasser sparkling/still .....        | 33cl.... | 4.50 |
| Valserwasser sparkling/still .....        | 75cl.... | 8.00 |
| Sanbitter.....                            | 10cl.... | 4.80 |
| Tonic / Bitter Lemon.....                 | 20cl.... | 5.00 |
| Orange / Multivitamin juice (glass) ..... | 30cl.... | 5.50 |
| Coca Cola / Coca Cola Zero .....          | 50cl.... | 6.00 |
| Fanta.....                                | 50cl.... | 6.00 |
| Sprite.....                               | 50cl.... | 6.00 |
| Eistee.....                               | 50cl.... | 6.00 |
| Ramseier Apfelschorle.....                | 50cl.... | 6.00 |
| Rivella red/blue.....                     | 50cl ..  | 6.00 |
| Ramseier Suure Moscht 4%ABV.....          | 49cl.... | 6.50 |
| Ramseier Suure Moscht (non-alcoholic)...  | 49cl.... | 6.50 |

## HOT BEVERAGES WITHOUT ALCOHOL

|                                              |      |
|----------------------------------------------|------|
| Coffee/Espresso .....                        | 4.80 |
| Coffee with milk .....                       | 5.30 |
| Cappuccino .....                             | 6.50 |
| Coffee Melange (with whipped cream) .....    | 6.50 |
| Latte Macchiato.....                         | 6.50 |
| Double Espresso.....                         | 6.50 |
| Hot or cold milk.....                        | 4.50 |
| Hot or cold Chocolate/Ovo .....              | 5.00 |
| Hot Chocolate/Ovo (with whipped cream) ..... | 6.00 |
| Apple-Punsch .....                           | 5.50 |
| Tea, selected flavours.....                  | 5.00 |

## HOT BEVERAGES WITH A KICK

### Kaffee Fertig

|                            |            |      |
|----------------------------|------------|------|
| Coffee with Kernobst ..... | 40%ABV.... | 7.50 |
|----------------------------|------------|------|

### Kaffee Lutz

|                                   |            |      |
|-----------------------------------|------------|------|
| Kernobst/Zwetschgen/Kräuter ..... | 40%ABV.... | 7.50 |
|-----------------------------------|------------|------|

## HOT BEVERAGES WITH A KICK

### Coretto

|                           |            |      |
|---------------------------|------------|------|
| Espresso with Grappa..... | 43%ABV.... | 6.50 |
|---------------------------|------------|------|

### Kaffee Baileys

|                                     |         |       |
|-------------------------------------|---------|-------|
| with Baileys and whipped cream..... | 17%ABV. | 10.50 |
|-------------------------------------|---------|-------|

### Kaffee Inferno

|                                         |         |       |
|-----------------------------------------|---------|-------|
| with apricot spirit and whipped cream.. | 40%ABV. | 10.50 |
|-----------------------------------------|---------|-------|

### Kaffee Alpenruh

|                                 |         |       |
|---------------------------------|---------|-------|
| Pflümli and whipped cream ..... | 17%ABV. | 10.50 |
|---------------------------------|---------|-------|

### Kaffee Amaretto

|                                  |         |       |
|----------------------------------|---------|-------|
| Amaretto and whipped cream ..... | 40%ABV. | 10.50 |
|----------------------------------|---------|-------|

### Irish Coffee

|                                 |         |       |
|---------------------------------|---------|-------|
| Whiskey and whipped cream ..... | 40%ABV. | 12.50 |
|---------------------------------|---------|-------|

### Schoggi Rum

|                            |              |      |
|----------------------------|--------------|------|
| Rum and whipped cream..... | 37.5%ABV.... | 9.50 |
|----------------------------|--------------|------|

### Holdrio

|                                  |            |      |
|----------------------------------|------------|------|
| Rosehip tea with Zwetschge ..... | 40%ABV.... | 7.50 |
|----------------------------------|------------|------|

### Münze Zwätschge

|                                     |            |      |
|-------------------------------------|------------|------|
| Peppermint tea with Zwetschge ..... | 40%ABV.... | 7.50 |
|-------------------------------------|------------|------|

### Fröschli

|                                      |            |      |
|--------------------------------------|------------|------|
| Peppermint tea with green vodka..... | 17%ABV.... | 7.50 |
|--------------------------------------|------------|------|

### Jägertee

|       |            |      |
|-------|------------|------|
| ..... | 44%ABV.... | 7.00 |
|-------|------------|------|

|                            |      |
|----------------------------|------|
| Glühwein/Mulled Wine ..... | 7.00 |
|----------------------------|------|

## BIER

|                         |             |          |      |
|-------------------------|-------------|----------|------|
| Rugenbräu (glass) ..... | 4,8%ABV.... | 20cl.... | 3.90 |
| Rugenbräu (glass) ..... | 4,8%ABV.... | 30cl.... | 4.50 |
| Rugenbräu (glass) ..... | 4,8%ABV.... | 50cl.... | 6.00 |

|                       |          |      |
|-----------------------|----------|------|
| Panaché (glass) ..... | 20cl.... | 3.90 |
| Panaché (glass) ..... | 30cl.... | 4.50 |
| Panaché (glass) ..... | 50cl.... | 6.00 |

|                                 |             |          |      |
|---------------------------------|-------------|----------|------|
| Rugenbräu Spezial .....         | 5,2%ABV.... | 33cl.... | 6.00 |
| Rugenbräu Dunkel .....          | 5,2%ABV.... | 33cl.... | 6.00 |
| Rugenbräu (non-alcoholic) ..... |             | 33cl.... | 6.00 |

|                             |             |          |      |
|-----------------------------|-------------|----------|------|
| Hofbräu München Weizen .... | 5,1%ABV.... | 50cl.... | 7.00 |
|-----------------------------|-------------|----------|------|



## APERITIF

|                              |                |         |       |
|------------------------------|----------------|---------|-------|
| Pernod.....                  | 40,0%ABV.....  | 4cl.... | 6.00  |
| Martini Rosso / Bianco ..... | 15,0%vol ..... | 4cl.... | 6.50  |
| Campari Orange .....         | 23,0%ABV.....  | 4cl.... | 9.00  |
| Cynar Orange .....           | 16,5%ABV.....  | 4cl.... | 9.00  |
| Aperol Spritz.....           |                |         | 12.00 |
| Gin Tonic .....              | 40,0%ABV.....  | 4cl.    | 13.50 |

## PROSECCO

|                       |       |       |
|-----------------------|-------|-------|
| Prosecco flute .....  | 10cl. | 10.00 |
| Prosecco bottle ..... | 75cl. | 56.00 |

## WINE

### White

|                                                  |          |       |
|--------------------------------------------------|----------|-------|
| Epesses blanc du Lavaux,<br>Vennerhus Weine..... | 10cl.... | 7.00  |
| .....                                            | 50cl.    | 26.00 |

|                                                    |          |       |
|----------------------------------------------------|----------|-------|
| Johannisberg Valais,<br>Oskar Mathier-Oggier ..... | 10cl.... | 7.50  |
| .....                                              | 50cl.    | 27.00 |

|                                                    |          |       |
|----------------------------------------------------|----------|-------|
| Chardonnay du Valais,<br>Domaine Nick Wittwer..... | 10cl.... | 7.00  |
| .....                                              | 50cl.    | 26.00 |

### Rosé

|                                              |          |       |
|----------------------------------------------|----------|-------|
| Blanc de Rouge,<br>Domaine Nick Wittwer..... | 10cl.... | 7.50  |
| .....                                        | 50cl.    | 27.00 |

### Red

|                                                           |           |       |
|-----------------------------------------------------------|-----------|-------|
| Rouge d'Albone Salvagnin du Vaud<br>Cave de la Côte ..... | 10 cl.... | 7.00  |
| .....                                                     | 50 cl.    | 26.00 |

|                                                      |           |       |
|------------------------------------------------------|-----------|-------|
| Merlot del Ticino «Runcher»,<br>Carlo Tamborini..... | 10 cl.... | 7.00  |
| .....                                                | 50 cl.    | 26.00 |

|                                              |          |       |
|----------------------------------------------|----------|-------|
| Dôle du Valais,<br>Domaine Nick Wittwer..... | 10cl.... | 7.00  |
| .....                                        | 50cl.    | 26.00 |

## GIN

|                 |                |         |      |
|-----------------|----------------|---------|------|
| Bombay .....    | 40,0%ABV ..... | 4cl.... | 7.50 |
| Gin 27 .....    | 47,3%ABV ..... | 4cl.... | 8.50 |
| Hendricks ..... | 41,3%ABV ..... | 4cl.... | 8.50 |

## GRAPPA

|                                           |                |         |      |
|-------------------------------------------|----------------|---------|------|
| di Barolo-Nebbiolo –<br>Aldebrandini..... | 43,0%ABV.....  | 2cl.... | 9.50 |
| di Brunello – Aldebrandini ..             | 43,0%ABV ..... | 2cl.... | 9.00 |
| di Moscato – Aldebrandini ..              | 43,0%ABV ..... | 2cl.... | 9.00 |

## COGNACS & CALAYDOS

|                         |                |      |       |
|-------------------------|----------------|------|-------|
| Calvados Morin .....    | 40,0%ABV ..... | 4cl. | 10.50 |
| Cognac Martell VS ..... | 40,0%ABV ..... | 4cl. | 12.50 |
| Remy Martin VSOP .....  | 40,0%ABV ..... | 4cl. | 14.50 |

## FRUIT BRANDY

|                 |                |         |      |
|-----------------|----------------|---------|------|
| Williams .....  | 37,5%ABV ..... | 2cl.... | 8.00 |
| Kernobst .....  | 40,0%ABV ..... | 2cl.... | 6.50 |
| Chrüter .....   | 37,5%ABV ..... | 2cl.... | 6.50 |
| Zwetschge ..... | 37,5%ABV ..... | 2cl.... | 6.50 |
| Pflümli .....   | 37,5%ABV ..... | 2cl.... | 6.50 |
| Kirsch .....    | 37,5%ABV ..... | 2cl.... | 6.50 |

## DISTILLED BRANDY

|                                |                |         |      |
|--------------------------------|----------------|---------|------|
| Vieille Prune - Fassbind ..... | 40,0%ABV ..... | 2cl.... | 8.00 |
| Vieille Poire - Fassbind ..... | 40,0%ABV ..... | 2cl.... | 8.00 |
| Vieille Prune - Fassbind ..... | 40,0%ABV ..... | 2cl.... | 8.00 |

## LIKÖRE

|                   |                |         |      |
|-------------------|----------------|---------|------|
| Appenzeller ..... | 29,0%ABV ..... | 4cl.... | 6.50 |
| Ramazotti .....   | 30,0%ABV ..... | 4cl.... | 6.50 |
| Baileys .....     | 17,0%ABV ..... | 4cl.... | 8.50 |
| Amaretto .....    | 28,0%ABV ..... | 4cl.... | 8.50 |

## WHISKY

|                             |                |      |       |
|-----------------------------|----------------|------|-------|
| Johnny Walker Black Label . | 40,0%ABV ..... | 4cl. | 10.50 |
| Tullamore Dew (Irish) ..... | 40,0%ABV ..... | 4cl. | 10.50 |
| Chivas Regal .....          | 40,0%ABV ..... | 4cl. | 12.50 |
| Oban.....                   | 43,0%ABV ..... | 4cl. | 14.50 |